

Our Psychologists are:

Dr. Don Tustin, Clinical Psychologist

BA Hons, MA (Wellington), PhD (Auckland)

Special interest in couples, parenting, assessment of parenting capacity, rehabilitation and adjustment to health issues. Don sees clients with depression, anxiety and mood disorders.

Gilles Hammond, Rehabilitation Psychologist

BA (Ottawa), Grad Dip Adol & Child Psych (Melb)

Special interest in Workcover, chronic pain and rehabilitation including from workplace and vehicle injuries. Gilles sees clients for depression, anxiety, bullying and harassment.

Julie Stanley, Psychologist

BPsych (Hons), MPsych (Clin).

Special interest in anxiety, depression, emotional trauma, personality issues, relationship difficulties, stress, anger, grief and loss. Julie uses approaches of CBT, Schema, Interpersonal, Systemic, and Couples Therapies.

David Ahmed, Psychologist

BHSc, Grad Dip Psych, Post Grad Dip Psych, MClin Rehab

Special interest in chronic health problems, neuropsychological assessments for the elderly, and treating adolescents.

Sarah Kordick, Psychologist

BSc/BPsych, BPsych (Hons)

Experience working with adults, couples, parents, and children. Special interests include depression, anxiety, trauma, parenting, perinatal mental health, grief and loss, addiction, relationship problems, and motivational issues.



Adelaide Psychological Services



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39 Augusta Street,

Glenelg East SA 5045

Phone: 08 8295 4150

Fax: 08 8295 4170

E-mail: info@psychadelaidelaide.com.au

Web: www.psychadelaidelaide.com.au



GP Brochure

Our psychologists are full members of professional associations including the Australian Psychological Society APS. Some are members of the Colleges of Clinical and Developmental Psychology of the APS and international groups.

Psychologists encourage people to analyse the source of their own problems using established principles of psychology and to find techniques to manage their own difficulties.

Adelaide Psychological Services is a private group practice with friendly and understanding female and male psychologists. Our experienced team has a proven track record of achieving results with a wide range of presenting issues.

Early intervention is key.

Approach

We are a friendly team of dedicated and qualified psychologists who provide established therapies to individuals of all ages and backgrounds for a wide range of mental health issues.

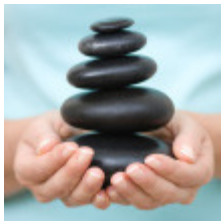
Referrals

Clients can be referred by their GP under:

- GP Mental Health Treatment Plan
- WorkCover / MVA / 3rd Party
- Private Health funds cover

Choice of Psychologist

We are able to provide a choice of psychologist to suit specific needs.



We provide treatment for the following:

- Anxiety & stress
- Depression and mood disorders
- Trauma e.g. car accident, work injury and victims of crime
- Return to work rehabilitation
- Work related bullying and harassment
- Neurological screening
- Relationship issues - couples, family, blended family
- Marriage counselling and couples therapy
- Childhood and parenting issues
- Assessment of parenting capacity
- Teenagers and adolescents
- Adjustment to stressful life circumstances
- Chronic health conditions
- Men's issues
- Women's issues
- Personality issues
- Pregnancy, prenatal and postnatal



Staff at Adelaide Psychological Services are:

- Competent registered professionals
- Committed to helping clients using established psychological interventions
- Relaxed and understanding therapists you will enjoy meeting again
- Confidential, trustworthy and respectful
- Able to teach skills that last a lifetime
- Encourage clients to identify & follow their own legitimate values
- Use CBT, Schema therapy & ACT

Adelaide Psychological Services:

- Provides effective therapy that produce gains
- Keeps up with research and sound innovations
- Is client-centered, providing choices for clients based on professional assessment
- Provides a service people enjoy
- Is reliable and affordable
- Adheres to international research and clinical practice.

